Country Hills Chiropractic & Wellness

PRE-TEEN CONSULTATION FORM (6-12 years)

| | | Alberta Health Care # _/_/_/_//_/_/_ |
|------------------------------|------------------------------------|--|
| Full Name | | Birth Date / / dd / mm / yy |
| Mother's Name | Father's N | ame |
| Address | | Postal Code |
| Phone (res) () | Phone (cell) () | Phone (cell) () |
| Age Height | Weight | Number of Siblings |
| Reason for child's visit | | |
| Previous surgery, illness or | accidents | |
| Name of family physician | | |
| Has child had previous chird | practic care? Doctor's | Name Last Visit |
| Who referred you or how did | l you hear about our clinic? (circ | le one and please specify name) |
| Family Member Friend P | hysician Phone Book | name |
| Is this a Auto Accident case | Date of A | Accident |
| | | not pay the Doctor's fee schedule and that I am t I am responsible to submit my own claim through |

personally responsible for payment. I further understand that I am responsible to submit my own claim through my insurance company if I have personal coverage.

If this is an auto accident case I understand that I am responsible for all debts incurred at this clinic which are due and payable after each visit unless special arrangements have been made with my insurance company.

Date

LIFESTYLE QUESTIONS

The completion of this record allows for you and your child to have an information base that is as important to you as it is to your doctor: Please be as accurate as possible in your answers!

- 1. Child spends most of the day with: a) Mother b) Father c) Grandparents d) Public School e) Home School f) Private School
- 2. Which hand is your child's dominate hand: Right_____Left_____
- 3. Did your child have prior (earlier) health problems they have outgrown or that have been corrected: NO_____ YES____ if yes, please explain _____

4. What is your child's bedtime: _____Number of hours of sleep per night: _____Quality of sleep: a) Good b) Fair c) Poor d) Restless

5. Has your family experienced strong emotional distress such as: a) Separation b) Divorce c) Loss of parent d) Loss of sibling e) Recent death of someone close f) Near fatal disease g) Strong emotional upset h) Other

6. Does your child awaken frequently with a complaint: YES____NO____

7. Has your child recently awoken complaining of pain: YES____ NO____

- 8. How would you describe your child's health: a) Excellent b) Very good c) Average d) Poor e) Sickly
- 9. How is your child's schooling progressing: a) No concerns b) Doing well c) Average d) Poor
- 10. Has there been a recent change in your child's energy level: NO____ YES___ If yes, is it higher or lower_____
- 11. Does your child seem to be developing as you would expect regarding size, strength & coordination: YES______ NO_____ If no, please explain______
- 12. Are there any concerns with your child's diet: NO____ YES___ If yes, please explain_____
- 13. Are you concerned with any of the following regarding bowel and bladder functions: a) Regularity b) Stool consistency c) Pain with bowel movement d) Bed wetting

HEALTH HISTORY

14. Please circle any of the following if they are a concern:

Mouth breathing, Snoring, Tonsillitis, Adenoids, Recurrent ear infection Tubes in ears, Hoarseness, Recurrent throat infections, Difficulty breathing, Watery or swollen eyes, Sinus infection, Recurrent eye infection

15. Please circle any occurrence of childhood diseases or conditions:

Mumps, Measles, Chicken pox, German Measles, Baby Measles, Anemia, Thrush, Hernia, Undescended testicles, Appendicitis, Other_____

16. Does your child have or complain of frequent headaches: NO YES

- 17. Does your child complain of pain or soreness in the legs, knees, ankles or feet: NO____ YES____
- 18. Does your child complain of pain or soreness in the arms, elbows, wrists or hands: NO____ YES____
- 19. Is your child currently taking any of the following medications: a) Antibiotics, for whatb) Tylenol c) Aspirin d) Ibuprofen e) Other
- 20. Is your child following an immunization program: NO____ YES____
- 21. Has your child had any reaction to an immunization program: NO____ YES___ if yes, please explain_____
- 22. Has your child had any allergic reaction to any medications: NO____ YES___ if yes, which medications_____
- 23. Does your child have any problems with dry scaly skin or rashes: NO_____ YES_____
- 24. Has your child been examined by an allergist: NO____ YES___
- 25. Is your child having allergy shots: NO____ YES____
- 26. Has your child ever been hospitalized: NO____ YES____ if yes, why?
- 27. Has your child ever had any broken bones: NO____ YES____ if yes, what______
- 28. Has your child ever experienced a dislocation: NO____ YES____ if yes, what______
- 29. Has your child ever been involved in a Motor Vehicle Accident: NO____ YES____ if yes, when_____
- 30. Has your child ever experienced any major trauma: NO____YES____if yes, please explain_____
- 31. Has your child ever had any trauma to the spine: NO____ YES____
- 32. Have you noticed any unusual shoe wear: NO____ YES____
- 33. Do you have any concerns regarding your child's walking pattern: NO_____ YES____

| a) Limp | b) Toe walking c) Scoliosis d) Pain e) Foot positioning f) Other |
|---------|--|
| 34. | Date of last visit to the G.P: Name of Dr |
| 35. | Date of last visit to the Pediatrician: Name of Dr |
| 36. | Date of last visit to the Dentist: Name of Dr |
| 37. | Does your child frequently have a low-grade fever: NO YES if yes, how often |
| 38. | Is there a history of high recurrent fevers: NO YES |
| 39. | Does your child presently have a fever: NO YES |
| 40. | Have you noted a history if frequent, recurrent swollen lymph nodes: NO YES |
| 41. | Does your child have a bloated or distended abdomen: NO YES |
| 42. | Have you noted any changes or difficulty with speech: NO YES |
| 43. | Are there any hereditary health problems: NO YES if yes, what |
| 44. | Is your child involved in a physical education program: NO YES |
| 45. | Is your child having any visual problems: NO YES |
| 46. | Have your child's eyes been checked by an optometrist: NO YES |
| 47. | Do you have any concerns regarding your child's health that were not addressed in the previous questions: NO YES if yes, explain |

Thank you for completing this form!