



## MOTHER'S CARE DURING PREGNANCY

The completion of this record allows for you and your baby to have an information base that is as important to you as it is to your doctor: Please be as accurate as possible in your answers!

1. Cigarettes: a) Has never smoked b) No longer smokes c) Quit smoking during pregnancy d) Continued smoking regularly (if yes, how much?) \_\_\_\_\_
2. Alcohol: NONE\_\_\_ YES\_\_\_ if yes, how much? \_\_\_\_\_
3. Medication: NONE\_\_\_ YES\_\_\_ if yes, how much & what? \_\_\_\_\_
4. Other drugs: NONE\_\_\_ YES\_\_\_ if yes, how much & what? \_\_\_\_\_
5. Mother's and/or Child's problems DURING pregnancy: NONE\_\_\_ YES\_\_\_ if yes, please explain:  
\_\_\_\_\_
6. Was pregnancy full term? YES\_\_\_ NO\_\_\_ If no, when was delivery? \_\_\_\_\_
7. Place of birth: a) Home b) Hospital c) Birthing center d) Other \_\_\_\_\_
8. Birthing assisted by: a) Obstetrician b) G.P c) Midwife d) Other \_\_\_\_\_
9. Manner of birth: a) Normal Vaginal b) Forcep Assisted c) Cesarean
10. Labour was: a) Average b) Easy c) Prolonged d) Extremely rapid
11. Problems encountered during labour/delivery? NONE\_\_\_ YES\_\_\_ if yes, please explain  
\_\_\_\_\_
12. Did your newborn have any difficulty starting to breathe? YES\_\_\_ NO\_\_\_
13. Did your newborn have any jaundice? YES\_\_\_ NO\_\_\_
14. Have you ever lost an infant to S.I.D.S, early stroke or other causes? NO\_\_\_ YES\_\_\_
15. INFANT FEEDING:
  - Breast Fed: YES\_\_\_ NO\_\_\_ if yes, how long? \_\_\_\_\_
  - Formula: YES\_\_\_ NO\_\_\_ if yes, type? \_\_\_\_\_
  - Solids: When did you start? \_\_\_\_\_
  - Additional Supplements: \_\_\_\_\_
16. Are there any problems in the feeding schedule: YES\_\_\_ NO\_\_\_
17. History of colic: YES\_\_\_ NO\_\_\_ if yes, what time is the crying most intense? \_\_\_\_\_
18. Number of hours of sleep per night: \_\_\_\_\_ Time put down for the night: \_\_\_\_\_
19. Quality of sleep: a) good b) Fair c) Poor d) Restless e) Fussy
20. Baby sleeps: a) In a crib in separate room b) In crib in parents room c) In bed with parents

21. Is the baby's urine straw coloured: YES \_\_\_ NO \_\_\_ if no, explain \_\_\_\_\_
22. Are the baby's bowel movements regular: YES \_\_\_ NO \_\_\_
23. Are bowel movements of a yellowish colour and toothpaste consistency: YES \_\_\_ NO \_\_\_ if no, explain  
\_\_\_\_\_
24. Does your baby normally feel stiff on being picked up? YES \_\_\_ NO \_\_\_
25. Does your baby have any history that may be considered unusual? NO \_\_\_ YES \_\_\_ if yes, please explain  
\_\_\_\_\_
26. Place a check mark beside any of the following that are a concern:  
 Recurrent eye infection \_\_\_ Digestive problems \_\_\_ Congested breathing \_\_\_  
 Recurrent ear infection \_\_\_ Sluggishness \_\_\_ Mouth breathing \_\_\_  
 Recurrent throat infection \_\_\_ Restlessness \_\_\_ Grasping skills \_\_\_  
 Eye focus skills \_\_\_ Others \_\_\_\_\_
27. Are there any hereditary conditions in your family (mother or father) that may affect your baby's health: NO \_\_\_  
 YES \_\_\_ if yes, please explain \_\_\_\_\_
28. State approximate age when the following activity took place: (if applicable)  
 a) Sat up \_\_\_\_\_ b) Crawled \_\_\_\_\_ c) stood-with support \_\_\_\_\_ without support \_\_\_\_\_  
 d) walked \_\_\_\_\_
29. Has your baby had any of the following: (circle and note age and problem)  
 a) Childhood disease \_\_\_\_\_ b) High fever \_\_\_\_\_ c) Reaction to immunization  
 shots \_\_\_\_\_ d) Reaction to medication \_\_\_\_\_
30. Name of Pediatrician and/or G.P. \_\_\_\_\_
31. Date of last visit to G.P. \_\_\_\_\_ Pediatrician \_\_\_\_\_  
 Purpose \_\_\_\_\_
32. Are you following an infant immunization program? YES \_\_\_ NO \_\_\_
33. Has your infant been treated on an emergency basis? NO \_\_\_ YES \_\_\_ if yes, please  
 explain \_\_\_\_\_
34. Has your baby been examined by a specialist other than a Pediatrician? NO \_\_\_ YES \_\_\_ if yes, by  
 whom \_\_\_\_\_

Thank you for completing this form!